



Welcome

Dear Patient,

Welcome to the Pain Management Center of Long Island where we believe your pain and our ability to relieve it.

At our facility conventional and complementary methods of evaluation and treatment are practiced and you may avail yourself of the many therapeutic options presented to you. You will be introduced to medical acupuncture, neural therapy, ligamentous reconstructive therapy, therapeutic epidural injections, diagnostic and therapeutic selective nerve and joint injections, radiofrequency neurotomy, implantation of spinal cord stimulators and medication pumps, and neurolytic injections to provide pain relief.

The acupuncture approach utilizes the best of Eastern and Western techniques incorporating ideas from China, United States, France, Japan, Thailand, Sri Lanka, and Canada. We combine trigger point injections with percutaneous electrical nerve stimulation to establish an effective foundation for symptom reduction by improving structure and restoring function.

For severe painful conditions we use interventional nerve injections, involving the administration of anti-inflammatory medication deposited close to the nerves generating the pain. This reduces swelling and helps to facilitate healing.

Frequently the diagnosis must be reviewed, revised, and updated. It has been our experience that chronic pain can be maintained by an ongoing ligament or tendon strain that is overlooked and underlies the majority of work-related, traumatic, and degenerative diseases. For this reason, Prolotherapy, or regenerative injection therapy is offered and involves the injection of natural irritating solutions into ligamentous and tendinous structures of the neck, back, or extremities. This solution improves strength and restores function resulting in pain relief over time.

Many patients referred to us have suffered with chronic pain for many years despite having undergone previous surgeries or from degenerative diseases. Some may be candidates for radiofrequency lesioning that promotes heating of the outside wall of the small nerves generating and sustaining the pain message. Others may respond better to surgical implantation of a pacemaker-like stimulator bypassing the painful site by interfering with the transmission of pain signals to the spinal cord.

Some patients may be taking narcotic medication for symptom management but the side-effects become intolerable. These patients may be candidates for intraspinal drug infusion therapy, delivering medication closer to the source of pain, allowing greater pain relief with fewer side-effects.

Our goal is reduction of pain and elimination of agony. Chronic pain is a chronic disease and needs to be managed by board certified pain specialists. Thank you for giving us the opportunity to assist you in your journey towards a more comfortable life.